



केन्द्रीय आयुर्वेदीय विज्ञान अनुसंधान परिषद्

(भारत सरकार स्वास्थ्य एवं परिवार कल्याण मन्त्रालय के अधीन गठित स्वशासी निकाय)
जवाहर लाल नेहरू भारतीय चिकित्सा एवं होम्योपैथी अनुसंधान भवन
नं. ६१-६५, इन्स्टिट्यूशनल एरिया, सम्मुख 'डी' ब्लॉक, जनकपुरी, नई दिल्ली-११००५८

CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

(An autonomous organisation under Ministry of Health & Family Welfare, Govt. of India)
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HQ-PROJ011/219/2023-PROJ

Date:

CALL FOR EXPRESSION OF INTEREST

For Organizing 02 Day Training Programme on CCRAS Standardized Prakriti Assessment Scale and Ayur Prakriti Web Portal

Central Council for Research in Ayurveda Sciences (CCRAS) under Ministry of Ayush is an apex research organization committed to undertaking, coordinating, formulating, development and promotion of research on scientific lines in Ayurveda. The Council has developed a Standardized "Prakriti Assessment Scale" for capturing *Prakriti* of an individual with rationality, reliability, reproducibility and maximum objectivity. Based on this standardized Scale, the Council has developed a user-friendly device responsive portal viz. "AYUR *Prakriti* Web Portal" for assessment of an individual's *Prakriti*.

The Council's Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal has been included by National Commission for Indian System of Medicine in the BAMS syllabus. The Council intends to build the capacity of the Academicians, Researchers and Clinicians of Ayurveda nationwide on Standardized Prakriti Assessment Scale by providing hands on training on AYUR Prakriti Web Portal. The Expression of Interest from the interested Ayurveda Institutions / NCISM recognized Ayurveda Colleges is called for organizing the Training Programme on Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal.

The interested Ayurveda Institutions / NCISM recognized Ayurveda Colleges may send the duly filled proposal for Expression of Interest in the prescribed format available on CCRAS Website <http://ccras.nic.in/> to the email address prakriti.ccras@gmail.com. CCRAS holds the right to finalize the proposed date and venue of the training programme as per the availability of the resource person.

EXPRESSION OF INTEREST

For Organizing 02 Day Training Programme on CCRAS Standardized Prakriti Assessment Scale and Ayur Prakriti Web Portal

Background

The Central Council for Research in Ayurvedic Sciences (CCRAS) is an autonomous body under the Ministry of AYUSH, Govt. of India. The Council undertakes research on scientific lines in Ayurvedic sciences through its 30 peripheral Institutes/Centers/Units located all over India.

Prakriti assessment helps in prescribing diet and lifestyle advocacies for preventive and promotive health. It potentiates an Ayurveda Physician clinically, in prognosis, diagnosis and treatment of any disease (for deciding appropriate drug, dose, duration, diet and life style).

The Council has developed a **Standardized Prakriti Assessment Scale (SPAS)**. The Standard Operative Procedures (SoPs) for capturing each and every predictor of Prakriti has been developed and documented in the form of **Manual of Standard Operative Procedures (SoPs) for Prakriti Assessment Scale. (Copyright L-76725/ 2018)**.

Council has developed user-friendly device responsive **AYUR Prakriti Web Portal**.

Council's Prakriti Training Programme

Training on SPAS and hands on training on AYUR Prakriti Web Portal is essential for capacity building of Researchers, Clinicians and Academicians of Ayurveda nationwide. The Council has been organizing training programmes in Ayurveda Colleges across the country and has organized more than 20 training programmes till date where in approximately 600 faculty members and stakeholders from more than 150 Ayurveda Colleges have been trained. All the Council's technical officers of Ayurveda (approx. 200) from across the country have been trained and are using this portal for various research projects.

Trained Ayurveda stakeholders can assess Prakriti through AYUR Prakriti Web Portal and issue Prakriti Card. Prakriti Card can be referred by treating Ayurveda Physician as and when required. The Standardized Scale may be used by Researchers/PG/PhD/Post Doc Scholars/Practitioners of Ayurveda for their research/clinical work.

Call for Proposal for expression of interest

The Council intends to further disseminate SPAS for sensitizing on importance of Prakriti and benefitting the Ayurveda Fraternity at large. The Expression of Interest from the interested Ayurveda Institutions / NCISM recognized Ayurveda Colleges is called for organizing the Training Programme on Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal.

Eligibility criteria for the training

Any Ayurveda Institution /Ayurveda college recognized by NCISM may send the expression of interest for the training programme. The eligibility criteria of the participants of the training programme are BAMS Degree from an Institution recognized by NCISM, Completion of Internship, Registration with the State Ayurveda Council of Indian Medicine/ NCISM and Minimum knowledge of operating computer system.

Roles and Responsibilities of the Ayurveda College/ Institution for the Training Programme

The expenditure for organizing the training programme has to be borne by the organizing college/institution. The interested institution have to provide the venue & logistics for organizing the

training programme. The logistic support required at the venue of the Training programme are one Computer System with Internet connectivity among two participants, Projector for PPT presentation, Vernier Caliper, BP Instrument, Weighing Machine and Measuring Tape. The training kit includes the Manual of Standard Operative Procedures (SoPs) for Prakriti Assessment Scale that may be purchased for the trainees from the publication section of CCRAS prior to the training. The Manual costs Rs 250/- per manual. The publication section of CCRAS may be contacted on publication-ccras@gov.in. The organizing college/institution may also provide working lunch/tea/snacks to a maximum of 30 participants in one training programme.

Roles and Responsibilities of CCRAS for the Training Programme

Resource persons from CCRAS will impart the training. Maximum 02 resource persons may be deputed for one training programme. The TA/DA and accommodation of the resource persons will be borne by CCRAS. Certificates of the training programme will be issued by the competent Authority of CCRAS in collaboration with the organizing college/institution.

Tentative Training Programme Schedule

The Training Schedule for Day-1 will be Training on the SOPs of Prakriti Assessment Scale along with demonstration of modules of AYUR Prakriti Web Portal. The Day 2 Training Schedule will be Hands on training on AYUR Prakriti Web Portal and Individual Practice and Assessment of training on SOPs of Prakriti Assessment Scale and AYUR Prakriti Web Portal.

Day-1:

Registration of the Participants	09:30 AM - 09:45 AM	Coordinators to be arranged by the institution
Inaugural address	09.45AM –10.00 AM	By Competent Authority from CCRAS and the institution
Brief introduction on background and necessity of Development of SoPs and validation of <i>Prakriti</i> Assessment Scale	10:00 AM-10.30 AM	By Resource person from CCRAS
Tea Break	10.30 AM- 10.40 AM	
SOPs of Physical Traits in <i>Prakriti</i> Assessment Scale	10.40 AM- 11.40 AM	By Resource person from CCRAS
Discussion and Doubt Clearance Session	11.40AM-12.00 PM	
SOPs of Physiological Trait in <i>Prakriti</i> Assessment Scale	12.00 PM- 1.00 PM	
Discussion and Doubt Clearance Session	1.00 PM-1.30 PM	
Lunch Break	1.30 PM-2.00 PM	
SOPs of Psychological Trait in <i>Prakriti</i> Assessment Scale	2.00 PM-3.00 PM	By Resource person from CCRAS

Discussion and Doubt Clearance Session	3.00PM- 3.30PM	
SOPs of Behavioral Trait in <i>Prakriti</i> Assessment Scale	3.30PM- 4.00PM	
Tea Break	4.00 PM- 4.10PM	
Discussion and Doubt Clearance Session	4.10 PM-4.40 PM	By Resource person from CCRAS
Demonstration of Modules of AYUR- <i>Prakriti</i> Web Portal	4.40 PM- 5.00PM	

Day-2:

Discussion on Physical Trait Module of AYUR- <i>Prakriti</i> Web Portal through Demo case	9.30 AM – 10.30 AM	By Resource person from CCRAS
Tea Break	10.30 AM- 10.40 AM	
Discussion on Physiological Trait Module of AYUR- <i>Prakriti</i> Web Portal through Demo case	10.40 AM- 11.40 PM	By Resource person from CCRAS
Discussion on Psychological Trait Module of AYUR- <i>Prakriti</i> Web Portal through Demo case	11.40 PM- 12.40 PM	
Discussion on Behavioral Trait Module of AYUR- <i>Prakriti</i> Web Portal through Demo case	12.40PM-1.30PM	
Lunch	1.30 PM – 2.00 PM	
Hands on Training on AYUR- <i>Prakriti</i> Web Portal through Demo case	2.00 PM - 3.30 PM	By Resource person from CCRAS
Post assessment & Feedback of the participants	3.30 PM – 4.00 PM	
Tea Break	4.00 PM – 4.10 PM	
Concluding Session and Wrap-up (Interaction with the participants and Certificate Distribution)	4.15 PM – 5.00 PM	

Expression of Interest Format

Either coordinator of the training programme / Head of the institution may apply in the enclosed format (**Annexure-I**) along with forwarding letter addressed to Director-General, CCRAS. A declaration form in the prescribed format (**Annexure-II**) and Checklist (**Annexure III**) must also be submitted along with the duly filled form.

Submission of the proposal for Expression of Interest

The Interested institution should submit expression of interest through email to the email id prakriti.ccras@gmail.com with the subject "Expression of interest for organizing 02-day training

programme on CCRAS standardized prakriti assessment scale and AYUR prakriti web portal”.

For Query

For any query write to email ids: lalita.id15@gmail.com and drrenusingh@yahoo.com.

Annexure I

FORMAT FOR PROPOSAL

(Expression of Interest for Organizing 02 Day Training Programme on CCRAS Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal)

1. Name of the Institution
2. Contact details of the Institution
 - Postal address for correspondence Telephone/ Mobile number(s)
 - E-mail
3. Name of the Coordinator for Training Programme
4. Department/Section of the Coordinator
5. Contact Details of the Coordinator
 - Postal address for correspondence Telephone/ Mobile number(s)
 - E-mail
6. Number of Training Programme (s) proposed to be organized:
7. Number of Participants per Training Programme
8. Tentative Date(s) of Training Programme
9. Tentative Venue(s) of Training Programme

Place:

Date:

Signature

(Coordinator)

Name & Signature

Place:

Date:

(Head of Institution)

Seal of the Institution

Annexure-II

FORMAT FOR UNDERTAKING

(Expression of Interest for Organizing 02 Day Training Programme on CCRAS Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal)

I aged..... Son/Daughter of..... resident of (Complete Address) affiliated to..... (name of institution) do hereby declare that I shall abide by the terms and conditions set by the CCRAS for the training and usage of the Prakriti Assessment Scale and AYUR Prakriti Web Portal. I shall ensure that the participants of the training programme abide to ethical usage of Prakriti Assessment Scale and AYUR Prakriti Web Portal. I am aware that CCRAS may take strict actions as appropriate if any unethical usage of Prakriti Assessment Scale and AYUR Prakriti Web Portal is found at any point of time.

I am well aware of the eligibility criteria of the participants, the logistics requirement of the training programme. I am aware that the expenditure of organizing the training programme will be met by the proposing institution and CCRAS will only bear the cost of TA/DA and accommodation of its resource persons for the training programme.

I am also well aware that CCRAS has obtained copyright on Standardized Prakriti Assessment Scale and no part of the Scale and AYUR Prakriti Web Portal may be reproduced, store in a retrieval system or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without prior written permission of the Director General, CCRAS. I ensure CCRAS that none of the participants will misuse/ reproduce/ store/ transmit ant part of Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal without prior approval from DG CCRAS. Any deviation from the above will be dealt with legal actions as appropriate.

Place:

Date:

Signature

(Coordinator)

Name & Signature

Place:

Date:

(Head of Institution)

Seal of the Institution

Annexure-II**CHECKLIST**

(Expression of Interest for Organizing 02 Day Training Programme on CCRAS Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal)

S.No	Details	Yes/No
1.	Organizing Prakriti Training for academic / research	PG/PhD/Post Doc/Research study
2.	Organizing Prakriti Training for Practice	Clinic/Hospital
3.	Have required Logistic Support at the venue of the Training programme	Computer System with Internet connectivity among two participants
		Projector for PPT presentation
		Vernier Caliper
		BP Instrument
		Weighing Machine
		Measuring Tape
9.	Participants have achieved minimum eligibility criteria	BAMS from Govt. recognized institution
10.	Number of Participants in one training	Preferably 30
11.	Providing refreshment to the participants at the venue of the Training programme	Working lunch and Tea/Snacks
12.	Proposal form is duly filled and signed.	By Coordinator & Head of Institution as applicable
13.	Undertaking is duly filled and signed.	By Coordinator & Head of Institution as applicable