



# News Bulletin

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## Release of CCRAS Publications during 6th Ayurveda Day



Hon'ble Cabinet Minister, Ministry of Ayush, Ports, Shipping & Waterways, Shri Sarbananda Sonowal and Dr. Mahendra Munjapara, Union Minister of State for Ayush, Women & Child Welfare with other eminent dignitaries releasing CCRAS publications and short film on 'You're What You Eat – Ayurveda for Poshan' during 6<sup>th</sup> Ayurveda Day celebration at NIA, Jaipur on 2<sup>nd</sup> November, 2021

Hon'ble Cabinet Minister, Ministry of Ayush, Ports, Shipping & Waterways, Shri Sarbananda Sonowal; Dr. Mahendra Munjapara, Union Minister of State for Ayush, Women & Child Welfare; Dr. Raghu Sharma, Minister for Medical Education, Health and Indian Systems of Medicine, Rajasthan and Shri Ramcharan Bohra, Member of Parliament, Jaipur in the august presence of Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush; Prof. Sanjeev Sharma, Director and Vice-Chancellor of National Institute of Ayurveda and Dr. N. Srikanth, DG (Additional Charge), CCRAS with other eminent dignitaries, released 5 CCRAS publications and 10 minutes short film on

'You're What You Eat – Ayurveda for Poshan' during 6<sup>th</sup> Ayurveda Day celebration at NIA, Jaipur on 2<sup>nd</sup> November, 2021. During the celebration, a dedicated stall for display of IEC activities and distribution of guidelines, Medicinal Plant was set up at Ayush Industry Expo at NIA, Jaipur during 1<sup>st</sup> November, 2021 and 2<sup>nd</sup> November, 2021.

*“The event of 6th Ayurveda Day witnessed the release of five CCRAS publications”*

## CCRAS participates in 40<sup>th</sup> IITF



Visit of Ayush Minister Shri Sarbananda Sonowal to CCRAS pavilion on 23<sup>rd</sup> Nov 2021 at 40<sup>th</sup> IITF, Pragati Maidan, New Delhi.

CARI New Delhi, on behalf of CCRAS participated in 40<sup>th</sup> International Trade Fair (IITF) at Pragati Maidan, New Delhi from 14<sup>th</sup> November, 2021 to 27<sup>th</sup> November, 2021 organized by India Trade Promotion Organization (ITPO). During the event, display stalls were arranged for the visitors in which Council's publications & Council's activities were displayed and free brochures distributed to the visitors for publicity. Free medical check-up camp was also organized to provide medical consultation and free prophylactic medicines were distributed. Around 1600 people visited the stall.

## Training on SOP jointly organized by CCRAS and JNU



A Training on Standard operative procedures (SOP) for sample collection and processing for the collaborative project entitled 'Systems biology approach to delineate molecular signatures of Prakriti in healthy humans' was jointly organized by Central Council for Research in Ayurvedic Sciences (CCRAS), New Delhi and Jawaharlal Nehru University (JNU), New Delhi on 21st October, 2021 and 22nd October, 2021 at Jawaharlal Nehru University. The inaugural session was graced by Prof. M. Jagadesh Kumar, Vice Chancellor, JNU; Dr. N. Srikanth, Director General, Additional Charge, CCRAS; Prof. Bhushan Patwardhan, National Research Professor-Ayush, Ministry of Ayush as a keynote speaker and Dr. Adarsh Kumar, Assistant Director (Ayurveda), CCRAS, New Delhi. Total 26 participants attended the training cum workshop programme.

## Memorandum of Understanding (MOU)



Glimpse of MOU exchanged between Central Ayurveda Research Institute (CARI), Kolkata and Indian Institute of Chemical Biology (IICB), Kolkata

- A Memorandum of Understanding (MOU) was exchanged between Central Ayurveda Research Institute (CARI), Kolkata and Indian Institute of Chemical Biology (IICB), Kolkata for the project entitled ‘Evaluation of Cytotoxicity, Pharmacokinetics, Anti-Cancer Activity, Detailed Molecular Mechanisms of Bhallatakadi Modaka in Vitro (2D and 3D Culture) and in vivo Tumor Xenograft Models’ in the presence of Dr. P.V.V. Prasad, Director, CARI, Kolkata and Dr. Arun Bandyopadhyay, Director, IICB, Kolkata along with Dr. A.K. Dixit, Assistant Director (Biochemistry), Dr. Susmita Roy, R.O. (Microbiology), Dr. Suparna Saha, R.O. (Ayurveda), from CARI, Kolkata and Dr. A. Talukdar, Scientist and Head, BDG, Dr. A. K. Srivastava, Scientist and Dr. Deepak Kumar, Scientist from IICB, Kolkata on 11<sup>th</sup> November, 2021.
- A Memorandum of Understanding was signed between Central Ayurveda Research Institute (CARI), Kolkata under Central Council for Research in Ayurvedic Sciences (CCRAS) and Indian Institute of Technology, Guwahati on 7<sup>th</sup> October, 2021 to carry out the collaborative research project entitled ‘Mechanistic investigations on the efficacy and mode of action of Ashwagandha and Yogaraj Guggulu, using a hybrid Proteomics- Cheminformatics - Network medicine approach for the treatment of Osteoarthritis’ for the period of two years.
- A Memorandum of Understanding was signed between Central Ayurveda Research Institute (CARI), Patiala, Punjab under CCRAS, Ministry of Ayush, Government of India, New Delhi and Desh Bhagat University (DBU), Mandi, Gobindgarh, Punjab on 28<sup>th</sup> October, 2021 to undertake collaborative research in the field of Ayurveda.
- A Joint Declaration has been signed between CCRAS, Ministry of Ayush, Government of India and University of Mauritius, Ministry of Education, Tertiary Education, Science and Technology on date 22<sup>nd</sup> October 2021 for extending the tenure of the Principal MoU on ‘The Establishment of an Academic Chair in Ayurveda’ for an additional period of three years w.e.f. 12<sup>th</sup> March, 2021

## Medical and Health Check-up Camps and Ethno-Medico-Botanical Survey Tours

### CARI, Patiala

- The Ayurveda Mobile Health Care Programme team under Schedule Caste Sub Plan conducted 62 surveys in five villages namely Karimnagar, Arno, Khanewal, Arnetu and Mavi Kalan. Total 1905 population surveyed and free medical services were provided to 2396 patients.
- The Reproduction and Child Health care Programme team under Schedule Caste Sub Plan conducted 62 surveys in eight villages namely Bagrian, Labana Teku, Chahal, Jallahn, Tarkhan Majra, Khumna, Ladpur and Salana. Total 1225 population surveyed and free medical services were provided to 2426 patients.
- A medical camp was also organized in village Chaura on 11<sup>th</sup> October, 2021 under Azadi Ka Amrit Mahotsav.

## IEC, Awareness Programmes and ArogyaMela



Secretary Ayush, Vaidya Rajesh Kotecha, honoring Dr. N. Srikanth, Director General Additional Charge, CCRAS on behalf of Ayurveda Mahasammelan in the inauguration ceremony of 'Ayurveda Expo' at Constitutional Club, New Delhi.

CARI, New Delhi, participated in 'Ayurveda Expo' organized by All India Ayurvedic Congress (AIAC) at Constitutional Club, New Delhi from 26<sup>th</sup> November, 2021 – 28<sup>th</sup> November, 2021. On the occasion of its inauguration on 26<sup>th</sup> November, 2021 Dr. N. Srikanth, Director General Additional Charge, CCRAS was

honored by Secretary Ayush on behalf of Ayurveda Mahasammelan. During the event, display stalls were arranged for the visitors in which Council's publications & Council's activities were displayed and free brochures distributed to the visitors for publicity. Free medical check-up camp was also organized to provide medical consultation and free medicines were distributed.

**RARI, Ranikhet**, participated in 'Arogya Fair' organized by Navyoga Kendra, Suryodaya Seva Samiti, Delhi at Tanakpur, Uttarakhand from 18<sup>th</sup> November, 2021 to 21<sup>st</sup> November, 2021. The event was inaugurated by Dr. H. R. Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana Sansthana (SVYASA) University. During the event a display stall was arranged for the visitors in which Council's Publications and Council's Activities were displayed. Free medical check-up camp was also organized to provide medical consultation and free medicines were distributed among the patients.

**CARI Patiala**, on behalf of CCRAS, participated in "Ayurveda Parv" organized by All India Ayurvedic Congress (AIAC) at Dhanwanthari Ayurvedic College Sector 46, Chandigarh during 12<sup>th</sup> November, 2021 – 14<sup>th</sup> November, 2021. During the event, display stalls were arranged for the visitors in which Council's publications & Council's activities were displayed and free brochures distributed to the visitors for publicity. Various lectures were delivered and a free medical check-up camp was also organized to provide medical consultation and free medicines distributed.

## Participation of Council Officers in Important Meetings, Trainings, Seminars & Conferences and Presentation of Papers



**Glimpse of participants of the two days Regulatory training program for Ayush Drug regulators, Industry personnel, & other stakeholders held during 25-26 November, 2021 co-organized by RARI, Mandi**

Two days Regulatory training program for Ayush Drug regulators, Industry personnel, & other stakeholders was held during 25<sup>th</sup> – 26<sup>th</sup> November, 2021 co-organized by RARI, Mandi in collaboration with Drug

Policy Section, Ministry of Ayush. In the training program, about 40 delegates had participated from Himachal Pradesh, Uttarakhand, Punjab, Chandigarh, Haryana, Ladakh and J&K.

### **CARI, Patiala**

- Dr. Sangeeta Sangvikar, R.O (Ay.) and Dr. Gajarmal Amit Ashok, R.O (Ay.) participated in an international webinar on ‘Breast Cancer Awareness’ organized by Dept. of Prasuti Tantra and Stri Roga on 12<sup>th</sup> October, 2021 at Govt. Ayurvedic College and Hospital Osmanabad, Maharashtra.
- Dr. Harbans Singh, R.O (Ay.); Dr. Sandipkumar Ramjivan Baheti, R.O (Ay.), and Shri. Sandeep Kumar, Medical Lab Technologist participated in ‘Hands on training of investigators and concerned personals on standard operative procedures for sample collection and processing of the project entitled system biology approach to delineate molecular signatures of prakriti in healthy humans’ at JNU, New Delhi held on 21<sup>st</sup> October, 2021 to 22<sup>nd</sup> October, 2021.
- Dr. Harbans Singh, R.O (Ay.) participated as a keynote speaker in ‘National Seminar on Introspection and prospects of Ayurveda in 21<sup>st</sup> century’ held on 25<sup>th</sup> November, 2021 and 26<sup>th</sup> November, 2021 organized by Desh Bhagat Ayurvedic College and Hospital, Mandi Gobindgarh, Punjab.
- Dr. Santosh S. Mane, R.O (Ay.) participated in an alternative veterinary medicine symposium organized by international veterinary students association on 19<sup>th</sup> December, 2021 and delivered a lecture on ‘Fundamental principles of Ayurveda and their role in animal health’.
- Dr. Santosh S. Mane, R.O (Ay.) participated in National conference of Indian veterinary association on one health approach-veterinary perspective on 26<sup>th</sup> December 2021 and delivered a lecture on ‘The contemplation on the pashu Ayurvedic literature and its relevance in the present scenario’

### **MSRARI, Jaipur**

- Dr. V.B. Kumawat R.O. (Ay.) and Dr. Monika Kumari, R.O. (Ay.) participated in THCRP review meeting organized by RARI, Gwalior on 22<sup>nd</sup> October, 2021.
- Dr V. B. Kumawat R.O. (Ay.) and Dr. Monika Kumari, R.O. (Ay) participated in training on LHT organized by the Medicinal Plant Research Section, Central Council for Research in Ayurvedic Sciences, New Delhi on 09<sup>th</sup> December, 2021.

## **Swachhata Pakhwada**

The Council observed Swachhata Pakhwada from 16<sup>th</sup> October, 2021 to 31<sup>st</sup> October, 2021. The event was organized in Headquarters as well as at all the peripheral institutes of the Council. As a part of Swachhata Pakhwada celebrations, various activities were organized with the active participation of all officers and staff. Glimpse of some of the activities are:

### Glimpse of the activities during Swachhata Pakhwada



Swachhata pledge administered at CCRAS, headquarters, New Delhi under the guidance of Deputy Director Admin., Sh. Ravinder K. Alhuwalia.



Dr. Kishor Patel, R.O. (Ay.) delivering a public lecture on the topic, 'Cleanliness and hygiene to fight COVID19 and Degue' to the OPD patients at CARI, New Delhi.



Cleaning of institute premises as a part of Swachhata Pakhwada at CARI, Guwahati



View of cleaning of Museum as part of Swachhata Pakhwada at NCIMH, Hyderabad on 21<sup>st</sup> October, 2021



As part of Swachhata Pakhwada, a cleanliness drive was organized at Govt. U P School, Poojappura on 23<sup>rd</sup> October, 2021 under the leadership of Dr. V. Subhose, A.D. In-Charge, RARI-Thiruvananthapuram.



All the officers and staff of CARI, Patiala, cleaning the surroundings of the institute as a part of Swachhata Pakhwada



View of cleanliness drive organized at RARI, Mandi as a part of Swachhata Pakhwada

## Vigilance Awareness Week

Council observed Vigilance Awareness Week from 26<sup>th</sup> October, 2021 to 1<sup>st</sup> November, 2021. The event organized in Headquarters as well as all the peripheral institutes of the Council. All the officers & staff participated in the event with full enthusiasm and zeal. Glimpse of some of the activities are:



View of all the Officers and staff taking Pledge on Inaugural ceremony of Vigilance Awareness week on 26-10-2021 at CCRAS Headquarters, New Delhi



Glimpse of a debate competition organized on the topic 'Can India be corruption free?' by Dr. Achanta Lakshmi pathi Regional Ayurveda Research Institute, Chennai on 30<sup>th</sup> October, 2021 in connection with Vigilance Awareness Week celebration.





Dr. T. Saketh Ram, RO (Ay.), NCIMH, Hyderabad, delivering awareness lecture on 'Importance of Vigilance Awareness Week' at Venkateswar Commerce Degree College, Hyderabad.



View of conducting awareness session by Shri Manish Kumar, DSP, Vigilance Department, Mandiduring Vigilance awareness week at RARI, Mandi



All the officers and staff of RARI, Mandi taking 'Integrity pledge' as a part of Vigilance awareness week with Dr. Rajesh Sannd, AD Incharge on 26<sup>th</sup> October, 2021.



Glimpse of Awareness lecture organised by CARI, Bhubaneswar on Importance of Vigilance awareness week at Tapoban High school, Bhubaneswar.



## Ayurveda Day Celebration

Council observed 6<sup>th</sup> Ayurveda Day on the occasion of Dhanwantari Jayanti on 2<sup>nd</sup> November, 2021 with the theme ‘Ayurveda for Poshan’. Various activities were organized to mark the occasion at Council’s Headquarters, New Delhi and its peripheral institutes all over India. Glimpses of some of the activities are:



Glimpse of Dhanvantari Pujan on the occasion of 6<sup>th</sup> Ayurveda Day celebration at CCRAS Headquarters, New Delhi



Glimpse of inauguration of ‘Food Festival’ organized as a part of 6<sup>th</sup> Ayurveda Day celebration by Hon’ble Member of Parliament, Prof. Rakesh Sinha, at CARI, New Delhi



View of Ayurveda Food festival organized by RARI, Vijayawada, as a part of 6<sup>th</sup> Ayurveda Day on 31-12-2021.



View of AYUSH food festival organized by RARI, Lucknow



As a part of Ayurveda Day 2021 celebration, Regional Ayurveda Research Institute, Thiruvananthapuram distributed 'Chinchapanakam' - An appetizer and a health promoting drink for the public in OPD and at Karakulam Panchayath.



View of release of IEC material and distribution of AYUSH Poshan kit as a part of Ayurveda Day celebration at Central Ayurveda Research Institute (CARI), Mumbai.

## Appointment/Promotions/Transfers/Retirements

### CARI, Patiala

- Smt. Rekha Rani, UDC promoted to the post of Assistant at CCRAS, New Delhi and relieved from the institute on 09-12-2021.
- Smt. Meena Sethi, UDC promoted to the post of Assistant at CCRAS, New Delhi and relieved from the institute on 10-12-2021

### MSRARI, Jaipur

Sh. Namonarayan Meena, UDC joined the institute on 31<sup>st</sup> December, 2021.

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