



CCRAS NEWS BULLETIN



April – December 2014

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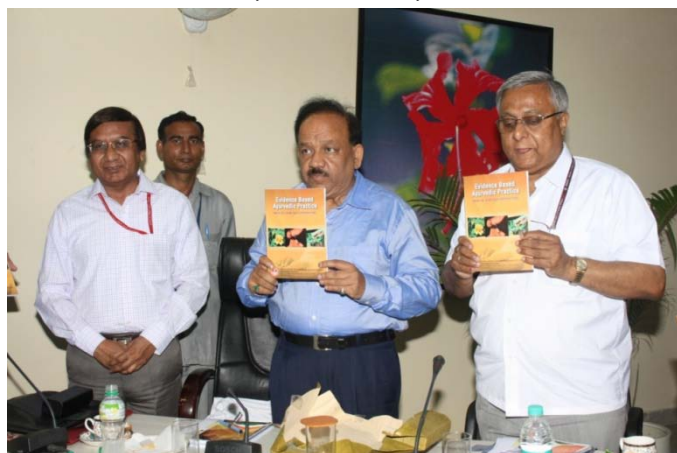
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Dr. Renu Singh, RO (Ay.)

Hon'ble Union Minister of Health & Family Welfare, Government of India Dr. Harsh Vardhan attended a meeting at Department of AYUSH on 12th June, 2014. During this meeting he released the book "*Evidence based Ayurvedic Practice*" published by CCRAS along with Shri Nilanjan Sanyal, Secretary, Department of AYUSH, Government of India and Prof. Dr. Abhimanyu Kumar, Director General, CCRAS, New Delhi.



From Left to Right - Prof. Dr. Abhimanyu Kumar, Director General, CCRAS, Dr. Harsh Vardhan, Hon'ble Union Minister of Health & Family Welfare, G/O India and Shri Nilanjan Sanyal, Secretary, Department of AYUSH, G/O India.

First India-Armenia Scientific Seminar (Yerevan ; 24-26, November 2014) - On invitation from the Ministry of Health of Armenia, a delegation from the Ministry of AYUSH, Government of India consisting of Mr. Rama Shankar Sinha, Director in the Ministry of AYUSH and Dr. M. M. Padhi, Dy. Director (Technical), Central Council for Research in Ayurvedic Sciences (CCRAS) visited Armenia to participate in "*First India-Armenia Scientific Seminar*" held at Yerevan State Medical University (YSMU) Yerevan, Armenia on 24-26, November 2014.



From Left to Right - Dr. Y. Sahakyan, Vice Rector, Yerevan State Medical University (YSMU), Yerevan, Armenia, Shri R.S. Sinha, Director (AYUSH), Ministry of AYUSH, Dr. M.M. Padhi, Deputy Director (Tech.), CCRAS, Dr. T. Suresh Babu, Hon'ble Ambassador of India to the Republic of Armenia, Yerevan.

☞ **VISITS OF COUNCIL'S OFFICIALS IN PROGRAMMES OF GLOBAL / NATIONAL IMPORTANCE (LIKE PANEL DISCUSSION, FOREIGN VISITS ETC.)**

CCRAS HQRS., NEW DELHI

- Dr. N. Srikanth, Assistant Director (Ayurveda) CCRAS participated in the 8th International Traditional and Complementary Medicine Conference, Exhibition and Carnival at Sunway pyramid Convention Centre, Malaysia organized by Traditional and Complementary Medicine Division, Ministry of Health, Malaysia held during 30th October, 2014 to 2nd November, 2014 at Kuala Lumpur, Malaysia and delivered a lecture on “Rational and challenges in developing Good Clinical Practice Guidelines for clinical trials in Ayurveda, Siddha and Unani Medicine (GCP-ASU)” in the Symposium-9 titled “Conducting research T&CM” and acted as Judge for Judging a session of oral presentations. He has also actively associated with officials of Ministry of AYUSH viz. Dr. K. Ravi, Joint Advisor (Siddha) and Dr. Adarsh Kumar, R.O. (Ay.), at pavilion of Ministry of AYUSH, Govt. of India



Dr. N. Srikanth, Asst. Director (Ay.), Dr. Adarsh Kumar, R.O. (Ay.) CCRAS, Dr. K. Ravi, Joint Advisor (Siddha) and Dr. Gopesh Mangal NIA, Jaipur at pavilion Kuala Lumpur, Malaysia.



A view of pavilion of Ministry of AYUSH Govt. of India at Kuala Lumpur, Malaysia.

On behalf of Council Dr. Vinod Kumar Lavaniya, R.O. (Ay.) participated in 45th Nature Health Fair at Exhibition & Convention Centre, Ljubljana, Slovenia held during 13th to 16th November, 2014. Display of Council's activities and distribution of brochures for mass awareness were the main activities of the Council. Many people visited AYUSH stall and appreciated the volunteers.



L - Dr. Suniti Chugh, R.O. (H), R - Dr. V K Lavaniya, R.O. (Ay.), CCRAS

☞ AWARDS / HONOURS RECEIVED BY COUNCIL'S OFFICERS.

CCRAS HQRS, NEW DELHI

- Dr. Madan Mohan Padhi, Deputy Director (Tech), Central Council for Research in Ayurvedic Sciences has been honored with 'PRANA CHARYA' by Delhi State Ayurvedic Congress (which is affiliated to All India Ayurveda Congress, New Delhi) on the eve of Lord Dhanwantari Jayanti (21st October 2014) at Morarji Desai National Institute for Yoga and Naturopathy, Ashok Road, New Delhi.



☞ HINDI WORKSHOPS / TRAININGS CONDUCTED / PARTICIPATED BY COUNCIL'S INSTITUTES / OFFICERS

NRIP, CHERUTHURUTHY

- दिनांक 27 अक्टूबर, 2014 को सरकारी काम-काज में हिन्दी का प्रयोग पर एक दिवसीय राजभाषा कार्यशाला इस संस्थान में आयोजित की गयी। इस कार्यशाला में परिषद् मुख्यालय से श्री. संजय कुमार, उपनिदेशक (प्रशा.) ने भाग लिया। नगर राजभाषा कार्यान्वयन समिति के सदस्यों ने भी भाग लिया और यह कार्यक्रम सफलतापूर्वक पूर्ण हुआ।

ARIMCHC, TRIVENDRUM

- As a part of official language implementation, Institute has conducted a class on "*Vigyan Evam Proudyogiki Prasar main Hindi Ki bloomika*" on 25/11/2014.
- Smt. Priya N. Moosath, Hindi Assistant, participated in the secretariat of TOLIC at *Post master General office, Trivandrum on 18/ 11/ 2014*. She presented a paper and was awarded 2nd prize in the Regional official language Seminar on the subject "Hinditar Rajya Pradeshon Mein Rajabhasha Karyanwyan Ke liye Chunoutiyan" held on 2-12-2014 to 3-12-2014 conducted by Directorate of Census operations, Kerala at K.J.J.S Animation Centre, Kovalam, Thiruvananthapuram
- Smt. Priya N. Moosath, Hindi Assistant, participated in the *National official language Conference* on 29-12-2014 to 30-12-2014 conducted by the Ministry of Health & Family Welfare, Govt. of India at HLL life care limited, Akkulam, Trivandrum.

NADRI, BANGALORE

- डॉ. टी आर शांथा ने “कंप्यूटर पर हिंदी में काम करने के लिए बेसिक प्रशिक्षण कार्यक्रम” में केंद्रीय हिंदी प्रशिक्षण उपसंस्थान, केंद्रीय सदन, कोरमंगला, बेंगलूर पर दिनांक 01.12.2014 से 05.12.2014 को भाग लिया |
- डॉ. एस. के. गिगि, डॉ. वि. रामा राव ने “कंप्यूटर पर हिंदी में काम करने के लिए बेसिक प्रशिक्षण कार्यक्रम” में केंद्रीय हिंदी प्रशिक्षण उपसंस्थान, केंद्रीय सदन, कोरमंगला, बेंगलूर पर दिनांक 15.12.2014 से 19.12.2014 को भाग लिया |.
- NADRI, बंगलोर में दिनांक 29.12.2014 पर एक दिवसीय हिंदी कार्यशाला का आयोजन किया गया |

THCRP, PORT BLAIR

- Organized Vigilance Awareness Week 2014 from 27th October - 1st November 2014.

NARIVBD, VIJAYAWADA

- Hindi workshop was conducted at the Institute on 11.11.2014. Apart from staff of the Institute, officials from various Central Govt. offices of Vijayawada participated in the workshop.



Dr.R.Kumara Swamy, A.D. I/c Speaking during Hindi workshop conducted at the Institute on 11.11.2014. Shri Pradip Kumar, DRM and Chairman, TOLIC, Shri S.Chiranjeevi, Member Secretary, TOLIC, and Shri Hari Om Kaushik, Ad.O. (Admn.), CCRAS, New Delhi were present on the Dias.



Dr.R.Kumara Swamy, A.D. I/c, Dr.G.K.Swamy, A.D.(Ay.) and Dr.G.Babu, A.D.(Ay) conducting competitions during Vigilance Awareness week programme.

ARRI, MANDI

- Hindi Karyashala was organized at ARRI, Mandi on 23.12.2014 in which Prof. Dharam Pal Kapoor (Retd.) was invited who delivered a lecture on the progressive use of Hindi in day to day official work.

MEDICAL AND HEALTH CHECK-UP CAMPS AND ETHNO - MEDICO - BOTANICAL TOURS

ARIMCHC, TRIVENDRUM

- A free medical camp was conducted on 15/11/2014 at Vanchiyoor, Trivandrum, Kerala organized by Vanchiyoor Vanitha Samajam, Trivandrum, Kerala. Dr.S.Indirakumari RO (Ay) & Dr. S.Sethu, RO (Ay) of ARIMCHC, Trivandrum have participated in this camp.



Medical camp was conducted by Dr. S Indirakumari, RO (Ay) & Dr. S Sethu, (Ay)ARIMCHC at Vanchiyoor, Trivandrum, Kerala

- The institute participated in the free medical camp conducted on 16/11/2014 at Muttathara, Trivandrum (organized by Sri Sathya Sai Seva Samgham), Kerala

NADRI, BANGALORE

- Dr. M. N. Shubhashree conducted Free Geriatric Camp at Jnanashrama, Bannerghatta Road, Bangalore on 29.10.2014 and 09.12.2014.
- Dr. S. H. Doddamani, Dr. Rama Rao conducted 3rd Medico Ethno Botanical Survey tour in Bagalkot and Raichur districts from 24.11.2014 to 08.12.2014 and collected medicinal plants with folklore information.

NARIVBD, VIJAYAWADA

- Free Ayurvedic Medical Camp was conducted on 10.12.2014 at YSR Colony Jakkampudi, Vijayawada and provided treatment to 238 patients.
- Free medical camp for “Diagnosis/Treatment of Piles” was conducted at NARIVBD, Vijayawada in association with Himalaya Drug Company on 20th November 2014

ATHCRP, PORT BLAIR

- The ATHCRP conducted Tribal Health Care Survey and Camps in collaboration with AYUSH Hospital, Directorate of Health Services, A & N Administration at Perka, Tamaloo and Malacca Villages of Car Nicobar Island from 13th to 20th November, 2014. This unit also conducted the survey of Strait Island from 27th to 28th December, 2014. Through these two Tribal Health Care surveys, we provided Ayurvedic treatment to 252 Nicobaree tribes of Car Nicobar and 28 tribes of Strait Island. At the same time IEC material was distributed and health awareness created among them. Through interview of the local health practitioners 4 folk claims were collected.



Dr. Santosh S. Mane, RO (S-I) I/c and Dr. Varsha Raman, GDMO, Car Nicobar, treating patients during the Tribal Health Care Survey Tour conducted at Perka Village, Car Nicobar Island from 13th to 20th November, 2014



Dr.K.P.Habeeba, SRF (Ay.) treating the tribal patients during the Tribal Health Care Research Tour conducted at Strait Island from 27th – 28th December, 2014.

ALRCA, CHENNAI

Free Ayurvedic Medical Camp was conducted from 26th to 29th September, 2014 at Tiruvalluru-Tamilnadu.



Dr. Sai Prasad A J V Research Officer Incharge ALRCA-Delivering a guest lecture on “HEALTH FOR ALL.” during public information campaign on 28-9-14 at TIRUVALLURU- Tamilnadu.



Free Medical Ayurveda camp on 26-29 September 2014 at TIRUVALLURU- Tamilnadu..

IEC/ OTHER AWARENESS PROGRAMMES / AROGYA MELAS UNDERTAKEN AND PARTICIPATED BY THE COUNCIL

CCRAS HQRS, NEW DELHI

- In compliance of directive of Ministry of AYUSH, the Council has participated in the National Level Arogya Expo during 6th to 9th November, 2014 at Hall No. 18, Pragati Maidan, New Delhi on the occasion of 6th World Ayurveda Congress. Display & sale of Council’s publications and distribution of brochures for health awareness were the main activities of Council.
- On behalf of Department of AYUSH, the Council has participated in “Medical & Wellness Tourism Summit 2014” held on 25.07.2014 at India Habitat Centre, New Delhi organized by PHD chamber of Commerce and Industry. Sh. Nilanjan Sanyal, Hon’ble Secretary, Ministry of AYUSH and Sh. A.K. Ganeriwala, Joint Secretary, Ministry of AYUSH graced the inaugural session of the summit. Display of Council’s activities and distribution of literature among the visitors were the main activities of the Council during the summit.
- In compliance of directive of Ministry of AYUSH, Council has participated in the Indo-US Summit & Knowledge Expo from 18th & 21st November, 2014 at India Expo Centre, Greater

Noida, Delhi NCR. Display of Council's publications and distribution of brochures for health awareness were the main activities of Council.

RRAPACRI, MUMBAI

- This institute has participated in India International Wellness Expo held on 15th -17th May, 2014 at Mumbai Exhibition Centre, Mumbai on the behalf of Council. Brochures and IEC materials were distributed among the visitors in this event.
- This institute has also participated in IPHEX-2014 held on 21st to 23rd May, 2014 at Mumbai on the behalf of Council. Brochures and IEC materials were distributed among the visitors.

NRIADD, KOLKATA

- This institute has participated in 18th National Health Exhibition on the theme "Service to the Nation for progress of India" from 3-7 Sept. 2014 at Amarabati Maidan, Kolkata. In the event, display & sale of Council's publications and distribution of brochures for health awareness were the main activities.

ACRI, PUNJABI BAGH

- This institute has participated in 21st Perfect Mela 2014 at Talkatora Indoor Stadium, New Delhi from 15th – 19th October, 2014. In the event, display & sale of Council's publications and distribution of brochures for health awareness were the main activities.
- In compliance of directive of Ministry of AYUSH and CCRAS Hqrs., this institute has participated in the India International Trade Fair, (IITF) – 2014 from 14th & 27th November, 2014 at Pragati Maidan, New Delhi. A free medical check-up camp for patients was arranged. Display & sale of Council's publications and distribution of brochures for health awareness were also the activities performed by this institute.

NIAPR, PATIALA

- This institute has participated in State AROGYA Mela at Anaj Mandi, Faridkot, Punjab from 12th to 14th December, 2014 organized by Ministry of AYUSH in collaboration with Govt. of Punjab on the behalf of Council. Display & sale of Council's publications and distribution of brochures for health awareness were the main activities in this event.
- "Vigilance awareness week" was observed at NIAPR, Patiala w.e.f. 27.10.2014 to 01.11.2014. All the officers/officials actively participated in the event.

ARIMCHC, TRIVENDRUM

- Swachh Bharath Abhiyan was observed in this institute on 2/10/14. Dr. S. Indirakumari RO (In-charge) read out the pledge and the staff repeated after her at 8.30 AM in the OPD lounge of the Institute. All the staff of the Institute actively participated in the mass cleanliness programme inside and outside the building of ARIMCHC in compliance to the orders of the Hon'ble Prime Minister of India.
- Vigilance awareness week was observed in this Institute with effect from 27/10/2014 to 1/11/2014. Dr. S. Indirakumari RO (in-charge) read out the pledge and the staff repeated after her on 27/10/14 at 11 AM in the OPD lounge of the Institute. Essay and debate competitions were held during the period and on 1/11/14 Sh. R. Sukeshan Superintendent of Police, Vigilance and Anti-Corruption Bureau gave a talk on the subject "Combating and Corruption-Technology as an enabler"

NADRI, BANGALORE

This institute has observed the Vigilance Awareness Week from 27th Oct 2014 to 1st Nov. 2014. Dr Thimmappa Shettigar, Registrar, Dept. of AYUSH, Bangalore participated as Chief Guest and addressed the staff of NADRI during valedictory function on 1st Nov. 2014 Dr. G. Venkateswarlu, R.O.(S-3) i/c also delivered his presidential address in this occasion.



Dr Thimmappa Shettigar, Registrar, Dept. of AYUSH, Bangalore, addressing the staff of NADRI, Bangalore during valedictory function of Vigilance Awareness Week.

- Dr.Venkateswarlu. G, Dr. S. K. Giri, Dr.S.H.Doddamani, Dr. M. N. Shubhashree, Dr. Kishore Kumar R participated in the meeting of Institute Ethical Committee (IEC) on Tribal Health Care Research Project (THCRP) under the chairmanship of Dr.Venkatesh - Principal GAMC . Dr. Kishore Kumar PI, presented on THCRP on 12.12.2014.
- Dr. M. N. Shubhashree presented on “A bird’s eye view of IMR projects since 2011” in the meeting of Institute Ethical Committee (IEC) on Tribal Health Care Research Project on 12.12.2014.

NRIBAS, PUNE

Organized Vigilance Awareness Week in the Institute during 27th October to 1st November, 2014



Prize distribution during celebration of Vigilance Awareness Week 27th October to 1st November, 2014

Conducted Bharat Swachhata Abhiyan as per the guidelines of HQ on 2nd October, 2014.



Conducted Swachhata Abhiyan as per the guidelines of HQ on 2nd October, 2014.

☞ PARTICIPATION OF COUNCIL'S OFFICERS IN DIFFERENT TRAININGS / WORKSHOPS

CCRAS, HQRS., NEW DELHI

- Dr. M.M. Padhi, D.D. (Tech.), Dr. N. Srikanth, A.D. (Ay.), Dr. Bharti, A.D. (Ay.) & Dr.Sulochana Bhat, R.O. (Ay.) S-3 were nominated as coordinators for various sessions held during the 6th World Ayurveda Congress at Pragati Maidan, New Delhi from 7th – 9th November 2014.
- Dr. Bharti, A.D. (Ay.), Dr. G.C. Bhuyan, R.O.(Ay.) & Dr. Renu Singh, R.O. (Ay.) actively participated in one day workshop entitled, “SAMVADA” in 6th World Ayurveda Congress & Arogya Expo held on 6th November 2014 at National Institute of Health & Family Welfare (NIHFW) Auditorium, Munirka, New Delhi.

- Dr. Bharti, A.D. (Ay.), Dr. G.C. Bhuyan, R.O.(Ay.) & Dr. Renu Singh, R.O. (Ay.) participated actively in the “Workshop on Standard Ayurveda Treatment Protocols for non-communicable diseases” held on 28th – 30th November 2014 organized by IPGT&RA Jamnagar, Gujarat.

NRIP, CHERUTHURUTHY

- Dr. Thamizh Selvam. N., Research Officer(Biochemistry),S-2 participated in the Workshop/Seminar on ‘Communication and Presentation Skills’ organized by IMTR, Goa. Department of Science and Technology during the period 13-10-14 to 17-10-14.
- Dr. P. Radhakrishnan, R.O. (Ay.), S-4 participated in the seminar – “Clinical Experience based on Chikitsa manjari” at AMAI, Thrissur and delivered a speech on his clinical experience on 09.11.2014.
- Dr. P. Radhakrishnan, R.O. (Ay.), S-4,Dr. V.C Deep, R.O. (Ay.), S-3 and Dr. Tamizh Selvam, R.O.(Biochemistry) participated in the seminar – “Awareness class for public on world diabetic day” at NRIP, Cheruthuruthy and delivered a speech regarding the disease Diabetes Mellitus for public awareness on 14.11.2014.
- Dr. V.C Deep,R.O. (Ay.), S-3 participated as judge in – “Kesavan Vaidyar Memorial presentation competition” at AMAI, Thrissur on 14.12.2014.

ARIMCHC, TRIVENDRUM

- Dr. S. Indirakumari RO (In-charge) and Dr. K.S. Sethu RO,S-4 participated in the National seminar on Obesity “Anwekshaki-2014” on 27/11/2014 organized by Pankajakasthuri Ayurveda Medical College, Kattakada, Trivandrum.

NADRI, BANGALORE

- Dr.Venkateshwarlu.G, Dr.S.K.Giri, Dr.S.H.Doddamani, Dr.Shubhashree M.N and Dr. Kishore Kumar R participated in “Madhumeha Jignasa ” a National Seminar on Madhumeha / Diabetes – an overall approach organized by Sri Sri College of Ayurvedic Science & Research Hospital, Bangalore on 6 & 7th Dec 2014. Dr.Venkateshwarlu G has participated as a Chairperson for Scientific session in “Madhumeha Jignasa ” on 7th Dec 2014.

THCRP, PORT BLAIR

- Dr. Santosh S. Mane, RO I/c attended the seminar on “The PVTs of A & N Islands” organized by A & N Admn. in collaboration with ANTRI & AAJVS from 4th to 5th December, 2014.

☞ PUBLICATIONS BY CCRAS AND INDIVIDUAL OFFICIALS OF THE COUNCIL

CCRAS HQRS, NEW DELHI

- Verma, S. C., R.O. (Chem.) published a research paper ‘Development of a rapid separation process for curcumin from Curcuma longa L. rhizomes and its quantification by HPLC-PDA in World Journal of Pharmacy and Pharmaceutical Sciences, 2014,Vol 3, Issue 7, 752-761.
- Verma, S. C., Vashishth, E., Subhani, S., Singh, R., Pant, P., Padhi, M. M. published a research paper Comparative phytochemical study of stem bark versus small branches of Ficus religiosa Linn using high performance thin layer chromatographic ultra violet detection method in World Journal of Pharmacy and Pharmaceutical Sciences, 2014,Vol 3, Issue 9, 1154-1162.

- Verma, S. C. published a research paper ‘Quality assessment of Terminalia arjuna (Roxb. Ex Dc.) stem bark used as cardio-protective drug and its scientific identification by HPTLC using arjunic acid as marker’ in Int. J. Univ. Pharm. Bio. Sci., 2013, 2(6), 352-364.
- Verma, S. C., Vashishth, E., Singh, R., Pant, P., Padhi, M. M. published a research paper A review on phytochemistry and pharmacological activity of parts of Mucuna pruriens used as an Ayurvedic medicine in WJPR, 2014, Vol 3, Issue 5, 138-158.

NRIP, CHERUTHURUTHY

- Dr. V.C. Deep published an article entitled - “Jeevithasaily Roga-prathirodhathil” in a monthly journal “Apta” Published by AMAI, Kerala in October, 2014.
- Y.R. Sanjaya Kumar, N. Jaya and C.K. Sasikala published an article entitled – “Analgesic, Antipyretic and Anti-inflammatory effects of Sisymbrium irio Linn. Seeds” in a journal Drug Research in Ayurveda and Siddha (2012-13), Vol. XXXIII-XXXIV (1-4), PP. 31-42.in December, 2014.

ARIMCHC, TRIVENDRUM

- Dr. K. S. Sethu, R.O.(Ay.), S-4 published a research paper on the topic entitled “Ayurvedic measurement of Body Health and Beauty” in the Souvenir, Anveekshiki-2014, National seminar on obesity conducted by Pankajakasthuri Ayurveda Medical College, Kattakada, Trivandrum-2014.

NADRI, BANGALORE

- Shiddamallayya N, Rama Rao V, Venkateshwarlu G, Giri S K, Doddamani S H & Shubhashree M N. published an abstract “Traditional Healing Practices of Davangere District, Karnataka”, in the Souvenir of the “National Workshop on Traditional Healing Practices in North East India”. December 2014.
- S.K. Giri, Sangamitra Patnaik, Ramashankar published an abstract “A Beam of Light on Traditional Healing Practices in North East India” in the Souvenir of the “National Workshop on Traditional Healing Practices in North East India” December 2014, page no. 20.
- S. H. Doddamani, S.K.Giri and Venkateshwarlu G published an abstract “Glycemic effect of honey on Non diabetic and diabetics-A comparative study” in the Souvenir Ayusri 2013-14, Dashamanotsava Special Decennial Edition of Sri Sri College of Ayurvedic Science & Research. No. 14, page no. 243.
- Shubhashree M.N., Shantha TR and Venkateshwarlu G published an abstract “A Comparative Physicochemical and Pharmacognostical evaluation of Nishamalaki- An Ayurvedic antidiabetic formulation” in the Souvenir Ayusri 2013-14, Dashamanotsava Special Decennial Edition of Sri Sri College of Ayurvedic Science & Research. No. 17, page no. 243.

NARIVBD, VIJAYAWADA

- An article “Swarivati – a herbo mineral compound – An analytical study published in Aryavaidyan journal Vol XXVII, No 4 May-July 2014 by Dr. T.Maheswar, R.O.(Ay.) as Co-Author

NIAPR, PATIALA

- Kalyan Hazra, Ankamma Chowdary, Manish Devgan, Rahul Shukla, Biresh Sarkar and Atul Suryawanshi published a paper entitled- “Development and Validation of RP-HPLC method for

Estimation of Rosuvastatin Calcium Solid Dispersions Tablets” in a journal “ Asian Journal of Pharmaceutical Research”, 2014, Vol. 4 Issue 3, pp 122-125.

- Bires Sarkar, Rahul Shukla, Manish Devgan, Y. Ankamma Chowdary, Sumita Shukla and Shekhar Kumar published a paper entitled – “Synthesis, formulation and evaluation of antimicrobial gel of novel Naphthofuran derivative” in Asian Journal of Pharmaceutical Research, 2014, Vol. 4 Issue 3, pp 118-121.

☞ **SCIENTIFIC PRESENTATION, GUEST LECTURE, RADIO/ TV TALKS AND INTERVIEWS BY COUNCIL'S OFFICERS**

CCRAS, HQRS., NEW DELHI

- A paper entitled “Response identification of allopathic practitioners about the integration of Ayurveda in a tertiary care hospital - a cross sectional study” was presented by Dr. Sulochana Bhat, Research Officer (Ay. Scientist 3) on 7th Nov. 2014 in 6th World Ayurveda Congress held in New Delhi.
- Dr. Sulochana Bhat, Research Officer (Ay. Scientist 3) presented a paper “Integration of Ayurveda with Modern Medicine for Geriatric Health Care- a review of evidence base” on 18th November 2014 in the “International Conference on Healthy Ageing in the Changing World 2014” organized in Indian Institute of Science, Bangalore.
- Dr. Sunita RO (Ay) presented a paper on “Potentials of Ayurveda for Holistic Geriatric Care - An Evidence Based Appraisal” in 3rd International Conference on Healthy Ageing in the changing World 2014 held from 17.11.2014 to 19.11.2014 organized at Indian Institute of Sciences, Bangalore.

ARIMCHC, TRIVENDRUM

- Dr. M. Srinivasan R.O. (Biochem) delivered a guest lecture on “Novel mechanisms of Chemoprevention by Aspirin” in the National level Seminar on Recent trends in drugs & diseases on 20-10-2014 at BIOSHAN-14, Shanmuga Industries Arts & Science College, Thiruvannamalai, Tamil Nadu.
- Dr. S. Indira Kumari R.O. In-charge Chaired as moderator in the IInd Scientific session of the National Seminar on Obesity “Anwekshaki-2014” on 27/11/2014 organized by Pankajakasthuri Ayurveda Medical College, Kattakada, Trivandrum.

NADRI, BANGALORE

- Dr. S.H. Doddamani presented a paper on “Glycemic effect of honey on Non diabetic and diabetics-A comparative study” on 7th Dec 2014 in “Madhumeha Jignasa” a National Seminar on Madhumeha / Diabetes – an overall approach organized by Sri Sri College of Ayurvedic Science & Research Hospital, Bangalore.
- Dr. Shubhashree M.N presented paper on “A comparative Physicochemical and Pharmacognostical evaluation of Nishamalaki- An Ayurvedic antidiabetic formulation” in “Madhumeha Jignasa ” a National Seminar on Madhumeha/ Diabetes – an overall approach organized by Sri Sri College of Ayurvedic Science & Research Hospital, Bangalore held on 6th – 7th December 2014.

NARIVBD, VIJAYAWADA

Dr.R.Kumara Swamy, A.D. I/c has participated in a live telecast programme on “Sandhigata Vyadhulu (Joint disorders)” conducted by Doordarshan (Saptagiri), Vijayawada on 12.11.2014.



Dr.R.Kumara Swamy, NARIVBD, Vijayawada during live telecast.

NIAPR, PATIALA

- A Radio Talk on ‘Grahani Dosha’ was delivered by Dr. Harbans Singh, R.O. (Ay.) on 05.11.14

ATHCRP, PORT BLAIR

- Dr. Santosh S. Mane, RO (Ay.) I/c delivered a lecture on topic-“Ayurveda and its role in healthy life” for CATC (Combined Annual Training Camp) of the NCC for the Senior Division Boys, Senior Wing Girls and Junior Division NCC Cadets of Army and Air Force organised by 1 (AN) Indep Inf Coy NCC, Andaman & Nicobar Islands, Link Road, Port Blair on 03/10/2014.
- Dr. Santosh S. Mane, RO (Ay.) I/c delivered a lecture on topic-“Medicinal Plants of A& N islands” for CATC (Combined Annual Training Camp) of the NCC for the Senior Division Boys, Senior Wing Girls and Junior Division NCC Cadets of Army and Air Force organised by 1 (AN) Indep Inf Coy NCC, Andaman & Nicobar Islands, Link Road, Port Blair on 06/10/2014.

IMPORTANT MEETINGS / SEMINARS / CONFERENCE ORGANIZED BY COUNCIL'S INSTITUTES / SCIENTISTS

CCRAS, HQRS., NEW DELHI

- 4th Meeting of IMR-PEMC was held on 29th April, 2014 under the chairmanship of Director General, CCRAS at CCRAS Hqrs. The Projects submitted by CCRAS Scientists have been thoroughly discussed and certain projects were recommended.
- The meeting of Internal Scrutiny Committee (EMR-Ayurveda) was held on 11th June, 2014 in the Committee Room of CCRAS Hqrs., New Delhi under the Chairmanship of Prof. (Dr.) Abhimanyu Kumar, Director General, CCRAS.
- Dr. N. Srikanth, A.D. (Ay.), Dr. Bharti, A.D. (Ay.), Dr. S.N. Gaidhani, A.D. (P'cology) & Dr.Sulochana Bhat, R.O. (Ay.) S-3 coordinated the Training Workshop on Research proposal writing for Research in Ayurveda on 11th – 12th July 2014 at CCRAS hqrs., Janakpuri, New Delhi.

- Dr. N. Srikanth, A.D. (Ay.), Dr. Bharti, A.D. (Ay.), Dr. S.N. Gaidhani, A.D. (P'cology) & Dr.Sulochana Bhat, R.O. (Ay.) S-3 coordinated the “Brain Storming Session on assessment of Prakriti based on Ayurvedic Principles” scheduled on 7th August 2014 at CCRAS Hqrs., Janakpuri, New Delhi. Experts from Department of AYUSH, CSIR, ICMR and Scientists of CCRAS peripheral Institutes & Hqrs. participated in this event.
- Council organized a “Brainstorming session on Generation of Scientific Evidence for Classical Ayurvedic Drugs/Therapies” on 26th August, 2014 at CCRAS Hqrs., New Delhi. Experts from Ministry of AYUSH, Ayurveda Practitioners, Pharmaceutical Sector and Scientists of CCRAS peripheral Institutes & Hqrs. participated in this event. Dr. N. Srikanth, A.D. (Ay.), Dr. Bharti, A.D. (Ay.), Dr. S.N. Gaidhani, A.D. (P'cology) & Dr.Sulochana Bhat, R.O. (Ay.) S-3 have coordinated this event.
- Council has organized an “National Seminar on Panchagavya Chikitsa” on 28th – 29th August, 2014 at CCRAS Hqrs., New Delhi. The main objective of the seminar was to provide a common platform to share the experiences of the experts on the therapeutic use of Panchagavya, so that the evidence based practices may be taken forward for further evaluation and propagation for the purpose of clinical use. The inaugural function was graced by Shri Bala Prasad, Joint Secretary, Department of AYUSH, New Delhi as Guest of Honor and Dr. Vallabhbhai Kathiria, Former Union Minister of State, Health & Family Welfare & Chairman, Gujarat State Gauseva Ayog as Chief Guest. Scientists of various disciplines from CCRAS and Scientists from other organization Viz. CSIR, ICMR, ICAR, IIT Delhi, GAU Jamnagar, practitioners, agriculturists, representatives from Gaushala and entrepreneurs were participated in this event. Dr. N. Srikanth, A.D. (Ay.), Dr. Bharti, A.D. (Ay.), Dr. S.N. Gaidhani, A.D. (P'cology) & Dr.Sulochana Bhat, R.O. (Ay.) S-3 have actively coordinated this two days National Seminar.
- The initial meeting of Advisory Team of the project entitled “Health care seeking behaviour of elderly women for urogenital symptoms – a cross sectional community based study”, funded by Department of Science & technology, was held at CCRAS Hqrs. under the chairmanship of Prof. Dr. Abhimanyu Kumar, Director General on 21st Nov. 2014. The Advisory team consisted of Prof. Dr. A. B. Dey, HOD, Dept. of Geriatrics, AIIMS, New Delhi; Dr. Indira Kambo, Former DDG (Biostat), ICMR ; Dr. Shashi Prateek, Former HOD, Dept. of Obstetrics and gynecology, Safdarjung Hospital; Dr. M.M.Padhi, Deputy Director (Technical) and Dr. N.Srikanth, Assistant Director (Ay.), CCRAS. Dr. Sulochana Bhat, Research Officer (Ay.)- Scientist 3 is Principal Investigator and Dr. Renu Singh, Research Officer (Ay.), Dr. Richa Singhal, Statistical Assistant, CCRAS and Dr. Babita Yadav, Assistant Professor, Chaudhary Brahm Prakash Ayurved Charak Sansthan are co-investigators in the Project.

ACRI, MUMBAI

- This institute in collaboration with Nuclear Power Corporation of India Ltd.(NPCIL),a Public Sector Enterprises under the administrative control of the Department of Atomic Energy(DAE),Government of India organized a Scientific Meet (Training-cum-Workshop) to address the issues of nuclear radiation, cancer and health safety titled ‘Radiation and Cancer’ on 26th April 2013 at Auditorium of Textiles Committee, Near Tata Press & Kismat Cinema, P.Balu Road, Prabhadevi, Mumbai. Nearly 200 delegates attended the workshop.

☞ **APPOINTMENT / PROMOTIONS / RETIREMENTS ETC.**

- Late Dr. A. Saraswathy, Director (Institute), CSMDRIADD, Chennai expired on 25.04.2014.
- Sh. N. Venkatesham, Lab. Attendant, NIIMH, Hyderabad, retired on 30.04.2014.
- Sh. J.R. Dave, Assistant, ACDRI, Ahmedabad retired on 30.04.2014.
- Sh. Sudarshan Shah, Peon, CCRAS, Hqrs. retired on 30.04.2014.
- Smt. Shanti Devi, Cook, ACRI, Jaipur retired on 30.04.2014.
- Sh. Prabhu Lal, Labourer, ACRI, Jaipur retired on 31.05.2014.
- Late Sh. Joginder Singh, UDC, CCRAS, Hqrs. expired on 24.06.2014.
- Smt. Baidei Dei, Sweeper, NRIADD, Bhubaneswar retired on 30.06.2014.
- Sh. S.N. Prasad, Lab. Technician, NARIVBD, Vijayawada retired on 30.06.2014.
- Sh. S.S. Sukumar, Laboratory Technician, ALRCA, Chennai expired on 03.07.2014.
- Sh. R.G. Thakre, Attendant, AMHRI, Nagpur retired on 31.07.2014.
- Sh. R.L. Chawda, Lab. Attendant, ACDRI, Ahmedabad took VRS on 31.07.2013.
- Smt. Manju Sharma, LDC, CCRAS, Hqrs. retired on 31.07.2014.
- Sh. Kamini Molhan Deka, Lab. Technician, NEARI, Guwahati retired on 31.07.2014.
- Smt. Mano Devi, MTS, ACRI, New Delhi took VRS on 01.8.2014.
- Sh. R.C. Tiria, Field Attendant, NRIADD, Bhubaneswar retired on 31.08.2014.
- Sh. B. Mallik, A.D. (Chemistry), NRIADD, Kolkata retired on 31.08.2014.
- Sh. Tripunde Singh, Chowkidar, ARRI, Gangtok retired on 31.08.2014.
- Sh. S.S. Bhoite, Lab. Technician, ACRI, Mumbai retired on 30.09.2014.
- Dr. T. Bhowmick, R.O. (Chemistry), NRIADD, Kolkata retired on 30.09.2014.
- Dr. P.K.S. Nai, A.D. (Ay.), NRIP, Cheruthuruthy retired on 31.10.2014.
- Dr. G. K. Swamy, appointed as Asst. Director-in-charge at NRIP, Cheruthuruthy on 01-11-2014
- Late Sh. M. Jayaram, Ex-MTS (Peon), ACAMH&NS, Bangalore expired on 05.11.2014.
- Sh. A. Syed Abdul Gani, Ex-MTS (Peon), ALRCA, Chennai retired on 30.11.2014.
- Sh. Girdhari Lal, Ex-MTS (Driver), ARRI, Jammu retired on 30.11.2014.

☞ **ANY OTHER IMPORTANT ISSUES RELATED TO COUNCIL / AYUSH IN CCRAS / ACROSS THE COUNTRY AND GLOBE**

NRIP, CHERUTHURUTHY

- Cleanliness oath (Swachhata shapath): Cleanliness Oath was taken at 9.45 a.m. on 2nd October, 2014 to realize GANDHIJI's dream of clean India. All the officers and staff including contractual staff the present in the Institute and participated in the Cleanliness oath.

- Rashtriya Ekta Diwas (National Unity Day): Observed the birth anniversary of Late Sardar Vallabhbhai Patel as “ Rashtriya Ekta Diwas “ and organized a Pledge taking ceremony by Dr. P. K. S. Nair, Assistant Director -in-charge of this Institute on 31st October, 2014.
- Observance of Vigilance Awareness Week -2014: Observed Vigilance Awareness Week – 2014 from 27th October to 1st November, 2014 commenced with the pledge.

NARIVBD, VIJAYAWADA

- Vigilance awareness week programme was conducted from 27.10.2014 to 1.11.20¹⁴.

NADRI, BANGALORE

- On 2nd October, 2014, NADRI, Bangalore staff actively participated in “Swachh Bharat Abhi^{ya}n” a national^llevel campaign launched by the Govt. of India.

ARRI, MANDI

- Swachh Bharat Abhiyan was started on 2nd October, 2014. Dr.S.K.Sharma, Officer-in charge administered Swachhta Spath to the officers and staff of ARRI, Mandi and thereafter all officers and staff actively participated in cleaning of the office and hospital premises. Officer-in charge also delivered a lecture on clean India.
- ARRI, Mandi participated in the Annual District Red Cross Mela organized on 19.10.2014 at Sheri Bazar, Mandi which was inaugurated by Smt. Pratibha Singh, President, District Red Cross Society. Clinical trial hand bills were distributed among the public. IEC material published by CCRAS on AYUSH and Council publications/books were displayed and sold.

NRIBAS, PUNE

Shri, Nilanjan Sanyal, Hon’bl Secretary, Ministry of AYUSH, Govt of India visited NRIBAS, Pune on 21st November 2014. A brief power point presentation was presented by AD I/C Dr. S. N. Murthy to Hon’bl Secretary, explaining different activities and achievements of the institute. Later on, Hon’bl secretary took a round of the institute and herbal garden. He appreciated the officers of this institute for their achievements in the form of publications. He also advised to develop a live herbarium with digitalized herbarium sheets to handle and preserve for long period.



Dr. Murthy, I/c NRIBAS, Pune (R) escorting to Hon’bl Secretary Sh. Nilanjan Sanyal, Ministry of AYUSH (L) to the institute.

**NATIONAL RESEARCH INSTITUTE OF AYURVEDIC DRUG DEVELOPMENT,
KOLKATA**



View of NRIADD premises, Kolkata

Background and mandate of the Institute: This institute was established in the year 1972 as Regional Research Institute (Ay) and shifted to its own building at CN Block, Sector- V, Salt Lake City, Kolkata in the year 1997. The 3 acres land was provided by the Government of West Bengal free of cost. This Institute was upgraded as Central Research Institute (Ay.) in the year 1999. Again it was upgraded as National Research Institute of Ayurvedic Drug Development in the year 2009. This Institute has basic facilities for research in literature, drug and clinical trial in Ayurveda and allied disciplines. Different departments such as Hospital (IPD & OPD), Pathology & Bio-chemistry, Pharmacognosy, Chemistry, Pharmacology, Pharmacy etc. are major component of this Institute. The institute is functioning on focused mandates like 1. Development of safe, effective and affordable Ayurvedic drugs. 2. Development of standards for identification, collection and storage of raw materials. 3. Development of SOP for various classical and investigational new drugs (IND) etc.

Activities and Achievements: This Institute is dedicatedly implementing the different research programme in drug research as well as clinical research since its inception. Presently, the Institute is having 14 sanctioned IMR projects in which 10 projects are on clinical trials related to different diseases. NRIADD, Kolkata has been affiliated under West Bengal University of Health Sciences (WBUHS) to conduct Ph.D. programme on Ayurveda and Pharmacology since December 2010. It has 20 bedded IPD facilities. Panchakarma chikitsa and Ksharasutra therapy are the major facilities at hospital and practicing on regular basis. The laboratory is fully dedicated for the development of standard operating procedure for manufacturing of Ayurvedic formulations as per APC guidelines. Phytochemical and analytical studies are being carried out on regular basis in the Chemistry Department. This institute has contributed for development of anti- malarial drug, i.e. AYUSH- 64 and anti- epileptic drug, i.e. AYUSH- 56. Institute has developed the SOP for manufacturing of 14 innovative drugs for Reproductive and Child Health in Ayurveda. It has also developed certain marker compounds from indigenous medicinal plants for quality assessment of ASU drugs. Clinical trials have been carried out on diseases/conditions viz. Amavata, Arsha, Parikartika, Bhagandara, Parinam Shoola, Ayurvedic contraceptives, Vyana Bala Vaisamy, Sthulya, Chronic bronchitis, Iron deficiency anaemia, Rasayana effects in Geriatrics.

Contact Details: The Director (Institute), National Research Institute of Ayurvedic Drug Development, 4 CN Block, Sector - V, Bidhannagar, Kolkata – 700 091, Fax: 033 2367-1001, EPBX: 033 2367-3881/1002, Ph. 033 2367-3808 (Director), Email: nriadd.kolkata@gmail.com